



# LOCALLY SPEAKING

LOWER KING & BAYONET HEAD PROGRESS ASSOCIATION  
NEWSLETTER: MAY 2018

## **LAST MEETING HIGHLIGHTS: 19<sup>th</sup> March**

Our guest speaker was Annette Grant wildlife carer, who gave an interesting and informative talk about the work of rescuing wildlife, especially birds. The general meeting then followed. Cr. Emma Doughty attended and reported on local waste law including responsible behaviour with rubbish and the use of plastic bags. Council is currently developing the Local Waste Law. It was agreed that a donation of \$200 be made to Born Free Wildlife Carers. Further discussion was then held on ways to promote our association, and a Facebook page was agreed on.

## **NEXT MEETING:**

**MONDAY 21<sup>st</sup> MAY, Gomm Park Hall, Lower King. Guest Speaker 6.30, Meeting 7pm.**

**Are you missing out?** We have excellent guest speakers programmed at each meeting, and best of all the service is free. Our invitation is to also attend the General Meetings to see the Association at work, we are always looking for ideas and suggestions to help make our areas even better places to live.

## **GUEST SPEAKER for Monday 21<sup>st</sup> May: GARY DUNCAN from THE MENS SHED.**



Men's shed was founded in Albany in 2005, and now has 176 members. The goal of the organisation is to promote men's health and well-being through interaction, by providing a well-equipped workspace for woodworking and metalwork. Members come from all walks of life. The facilities provide a place where members can socialize while sharing their skills and knowledge. Members appreciate the chance to learn new skills and make new friendships. Men Shed is also involved in community work for individuals and community groups, in mending and making articles such as bench seats. The facilities are also used by a women's group, called the Birdcage.

## **NEW LKBHPA FACEBOOK PAGE:**

The Association now has our own Facebook page, so we can post relevant and interesting local information for you as it happens. Members can also post and help keep everyone updated. All the details of meeting dates and times etc are here, and also a link to the LKBHPA website. Search for [Lower King & Bayonet Head Progress Association](#) on Facebook, and be sure to 'Like Page' to keep yourself informed, and 'Share' the page with your local contacts.

**NEWSLETTER DISTRIBUTION:** a reminder that we are striving to increase our circulation of this newsletter **by e-mail**. Please e-mail us at [LKBHPA@yahoo.com](mailto:LKBHPA@yahoo.com) to be added to our e-mail distribution list.

**NORWOOD ROAD:** the third and final stage of roadworks are now underway, and due to be finished by the end of May. Unfortunately some of the trees have been lost, due to widening the road for safety reasons.

**BURNING SEASON:** Is now open in our areas.

**MEMBERSHIP:** we have some members who have joined LKBHPA by paying through EFT, but who unfortunately haven't given us their membership details. All we have is your name from the bank statement, but no contact details for sending you the newsletter and the annual membership renewal reminder. If you think this might be you, could you please email [LKBHPA@yahoo.com](mailto:LKBHPA@yahoo.com) or fill in the Contact form on the website <https://lowerkingbayonethead.weebly.com/contact.html> or complete the form at the bottom of this newsletter and drop it off at the Lower King Store (attn Lower King & Bayonet Head PA).

**LOCAL BUSINESS FOCUS:** There are some wonderful local small businesses in our area. We have featured many in past newsletters - lets all support our local business:

**HARMONY TOUCH - REMEDIAL MASSAGE:** 596 Lower King Road [www.harmonytouch.biz](http://www.harmonytouch.biz)



Tracy Waller offers

- Reflexology
- Remedial Massage
- Flexing Orthotics
- For common foot ailments & alignment issues
- Services Qualify for Private Health Cover

**Tracy** is a massage therapist with 8 years experience, who can provide a professional therapeutic massage for wholistic health benefits to those suffering from chronic body pain, or just a simple relaxation and pampering session.

Tracy can be contacted on **0419416132**.

## **CITY OF ALBANY COMMUNITY FORUM**

**When:** Monday 14 May – 6 to 8.30 p.m.

**Where:** Lower Kalgan Hall, 516 Nanarup Road

**What's it about:?**

The city of Albany is saying that they want to engage effectively with the community.

They are looking for **Community Forums** to be a part of a "renewed focus on communication and community engagement, in alignment with the City's' community strategic plan, to provide the community with a variety of opportunities to be involved and to contribute". Community members are invited to come along and meet your councilors in an informal and friendly setting.

We encourage you to attend this forum. It provides a rare chance to meet with your Councilors face-to-face, and hopefully be given the opportunity to have your say.

We understand that most if not all of the Council members will attend.

For further information, please contact the City of Albany Community engagement manager, **Julie- Ann Gray** on **6820 3008**.

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## **MEMBERSHIP SUBSCRIPTION FORM**

Name \_\_\_\_\_ Single \$10 ( ) Family \$15 ( )

Address \_\_\_\_\_

email \_\_\_\_\_ Ph \_\_\_\_\_

Signed \_\_\_\_\_

**Drop off or post to:** Lower King & Bayonet Head P/A, c/o Post Office Lower King (cheques made payable to the LK&BHPA please).

**To pay online:** BSB 633 108 A/c 1303 60837 (use your Surname as reference, and new members should also complete a membership form with your contact details)

**or through website:** [www.lowerkingbayonethead.weebly.com](http://www.lowerkingbayonethead.weebly.com)

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